APA Style Basics, 7ᵗʰ Edition

Using Sources in Your Own Work

Quotation: when you use a source's exact words, reproduced exactly as they appeared in the original. Always include the author's or authors' names, the year, and the page or paragraph number, using either narrative or parenthetical citation format:

- *Narrative format* (author named in the sentence): Ginsburg (2009) concluded, "Overall, results indicated that a time-limited family-based intervention has the potential to lower the incidence of child anxiety disorders and reduce anxiety symptoms" (p. 587).
- *Parenthetical format* (author not named in the sentence): Family-based intervention could possibly decrease "the psychological and economic burden of illness" (Ginsburg, 2009, p. 587).

Quotations fewer than 40 words can be included in line with the text, as above. Quotations that are 40 words or longer should be presented as a block of text, without quotation marks, as below. Either narrative or parenthetical citation format can be used. Note that the end punctuation comes before the parentheses:

According to Burstein et al. (2010),

> It is possible that the observed relation between parent anxiety symptoms and child depression symptoms would be absent if other parent symptoms were controlled. Therefore, our findings may be representative of the genuine co-occurrence of these symptom types among both parents and children. (p. 905)

Paraphrase: recounting an author's ideas, though not the exact wording. Paraphrases may include brief quotations from the source text as well. When paraphrasing, the author and year must be included, and while APA encourages the inclusion of the page number to make it easier for the reader to find the passage, it is not required.

- *Narrative format:* Niditch and Varela (2011) hypothesized that anxious mothers may over-report their children's anxiety levels (p. 451).

- *Parenthetical format:* Anxious mothers may over-report their children's anxiety levels (Niditch & Varela, 2011, p. 451).

Listing Authors in Citations

One author:
Reference list: Author last name, initials. (year)
    Example: Ginsburg, G.K. (2009)
In-text citation: Author last name (year) or (author last name, year)
    Example: Ginsburg (2009) or (Ginsburg, 2009)

Two authors:
Reference list: First author last name, initials., & second author last name, initials. (year).
    Example: Niditch, J.B., & Varela, M. (2011)
In-text citation: First author last name & second author last name (year) or (first author last name & second author last name, year)
    Example: Niditch and Varela (2011) or (Niditch & Varela, 2011)

Three or more authors (note the difference between the reference list and in-text citation):
Reference list: List up to 20 authors, using an ampersand (&) before the last author's name.
    First author last name, initials., second author last name, initials., & last author's last name, initials. (year)
    Example: Burstein, L.A., Ginsburg, R., & Tein, A. (2010)

In-text citation: List only the first author, followed by et al.

First author last name et al. (year) or (first author last name, et al., year)

Example: Burstein et al. (2010) or (Burstein et al., 2010)

Common Reference List Citation Formats

Journal article (with DOI):
Author(s) (year). Title of article. *Title of Journal, volume*(issue), page-page. https://doi.org/xxxxxxxxx

Wheatcroft, R., & Creswell, C. (2007). Parents' cognitions and expectations about their pre-school children: The contribution of parental anxiety and child anxiety. *British Journal of Developmental Psychology, 25*(3), 435-441. https://doi.org/10.1348/026151006X173288

Journal article, no DOI, either from a database or in print:
Author(s) (year). Title of article. *Title of Journal, volume*(issue), page-page.

Dodd, H. F., Stuijfzand, S., Morris, T., & Hudson, J. L. (2015). Child anxiety and the processing of ambiguity. *Cognitive Therapy and Research, 39*(5), 669-677.

Entire book, either print or ebook (if it has a DOI, include it at the end of the reference in the format above):
Author(s) (year). *Title of work*. Publisher.

Eisen, A. R., & Schaefer, C. E. (2005). *Separation anxiety in children and adolescents: An individualized approach to assessment and treatment*. Guilford.

Chapter within an edited book, either print or ebook (if it has a DOI, include it at the end of the reference in the format above):
Author(s) (year). Title of chapter or entry. In Editor last name, editor initials (Ed.) *Title of work*. (pp. xxx-xxx). Publisher.

Sweeney, M., & Pine, D. (2003). Etiology of fear and anxiety. In Ollendick, T.H., & March, J.S. (Eds.) *Phobic and anxiety disorders in children and adolescents: A clinician's guide to effective psychosocial and pharmacological interventions*. (pp. 34-60). Oxford.

Additional Resources

American Psychological Association. (2020). *Publication Manual of the American Psychological Association* (7th ed.). American Psychological Association.

Purdue Online Writing Lab's APA Formatting and Style Guide: https://owl.english.purdue.edu/

Credits

American Psychological Association. (2020). *Publication Manual of the American Psychological Association* (7th ed.). American Psychological Association.